

# The Mountain Breeze

## Four Seasons at Charlottesville

### Community Newsletter

## Letter from the President



The Board is pleased to see that there has been some increase in our residents using the Clubhouse for getting together. We have a great facility here for us to use and enjoy. Whether it's just a group wanting to play a new game or a few

friends just sitting around and talking over refreshments, think of the Clubhouse as an extension of your home. Like your home, just remember to be neat and clean up afterwards.

We currently have a couple of Special Use events on the calendar for this spring. The Board is very receptive to any suggestions to improve the Special Use process or to assist residents that just want to use and enjoy the Clubhouse.

A revision of the Design Guidelines is nearing completion. A draft of the rewrite was published on the community website the first of March for the community to review and to offer comments. The Board is hoping to approve the revised guidelines by early April.

Thanks again to all homeowners who consented to amend the Declaration of Covenants, Conditions and Restrictions to clarify the language relating to sidewalks and to allow a limited estate sale for any home being sold.

I again want to thank all of those who serve on committees and all of those who just help out anonymously. We really appreciate all that you do. I encourage the committees to submit articles to this newsletter that help keep our community at large informed in a positive way. In addition, I want to thank the Communications Committee for helping to show the world how great our community is.

Springtime arrived a little early this year bringing out the beauty of the season; however, March and early April can still bring some winter weather so just enjoy the bouncing cycles of our Virginia climate and keep waving to your neighbors.

*Larry Miller, Association President*

## The Communications Committee: The Vital Link

The Communications Committee is the vital link between the Association and you, the homeowners. We keep you abreast of work that has gone on here, is in progress, or is planned for the future. Through the Four Seasons website, newsletter, and frequent emails we deliver information of vital interest to the community. We would like you to be part of this essential, creative, productive group. New members wanted!

### The Type of Communications We Produce

Board and committee actions and activities, as well as information for homeowners to help us in our every day activities:

- Community Directories
- Upcoming community events
  - Monthly Calendar
  - Weekly Reminders
- Highlights of recent events
- Welcome to new residents
- Available resident activities
- Recommended service providers
- Handy tips for the home
- Forms and applications residents need
- Access to governing documents
- Archives of past board committee meetings.

### The Ways We Communicate With You

- Posting on [www.our4seasons.org](http://www.our4seasons.org)
- Newsletter
- FSC Emails – To All Residents,  
From HOA, Board, Committees.
- Information Of Interest Emails
  - To all residents
  - Informal -resident to resident.
- TV In front foyer

### The Four Season Website:

This is the primary resource for all Communications within our community. <http://our4seasons.org> has evolved over several years. It contains information about Our Four Seasons' past and present - from the founding of the HOA to the current activities of the residents.

You might consider making the community website your home page. Why would you want to do this? Well, you would have at your fingertips all the latest information about our community. No more calling the front desk to get a resident phone number. No more printing and posting around your home information you receive in your emails. And you save printing costs.

Still want to print out the **monthly calendar, weekly reminders, latest newsletter, community directory, service providers, community map, list of groups and activities available?** You can print out all of these items from the website or the emails when you receive them.

### Community Archives

This includes prior postings including board and committee minutes, newsletters, governing documents and prior budgets. New residents may want to spend some time browsing the archives to see how the community has evolved.

### Two Levels Of Access

**The public pages** present an overview of the community: its location and layout, governmental structure, bylaws, and major activities through the calendar and newsletter.

**The private, residents-only section** is password protected and includes community directories, committee structure, financial and governing documents, history and legal archives. At the personal interest level, residents may find forms used by residents, information on service providers, home maintenance topics and the new resident welcome video.

Have you ever wondered.....

- How many Creston II model houses are in Four Seasons?
- What is the going rate for LP gas?

*Continued next page*

## Communications Committee, cont'd

- What the current budget is for the HOA?
- How to replace your washer hose?
- What your new neighbor's email address is?
- When the next Covenants Committee meeting will be?
- Who is the newest resident?

### The answers are all on the community website!

Have you read the latest Rules and Regulations dated Oct. 28, 2016 to see what it says in Ch. 8 - Use of Outdoor Common Areas?

### The Mountain Breeze: Our Community Newsletter

Published six times per year by the Communications Committee and edited by Joanne Lattiak. The finished product is professional, informative and allows us to get to know more about our community and neighbors. In addition to writing many of the articles, Joanne is responsible for compiling and editing the material sent in by committees, the board and the residents of our community.

To ensure the newsletter continues to be representative of our community, we need more items and articles from the residents. Please submit you articles to Joanne Lattiak, [lattiakj@gmail.com](mailto:lattiakj@gmail.com). Deadline for submissions for the next newsletter is May 1.

### Vital Link

**Want to be a part of this vital link to the community? We need two additional residents to join our committee!**

- Don Brady  
[donbrady900@comcast.net](mailto:donbrady900@comcast.net)

## Welcome New Neighbors!

Introducing the newest residents of Four Seasons, Cathy and Rick Wieczorek who moved to 94 John Rucker Drive, from Rileyville, VA. They will celebrate 54 years of marriage on June 1. They have two sons and five grandchildren, all living with their families in VA.



Rick is from Detroit and Cathy is from Warren, Michigan. They moved to Chantilly, VA in 1975 when Rick was offered a position in Washington, DC. He was President of the DC Credit Union League until retiring in 1998. Rick served on many Board of Directors during that time. Cathy was a stay-at-home mom until the children were older. She then started up an employment service (Select 2). Rick continued the business until 2012. Cathy accepted the position of Assistant to the Chief Pilot of Sprint/Nextel's Flight Department. She also became a certified personal trainer, a designation she still holds today.

Rick enjoys woodworking, fishing and sports of all kinds, Cathy volunteers at an up-scale thrift shop in Chantilly that supports a no-kill animal shelter - Friends of Homeless Animals - when she can.

In moving to Four Seasons they will keep their family and current friends close and hope to make new friends while living here.

# SAG Sponsored Ethnic Tasting of Food from Around the Globe

Oh, what a night! The Four Season's Community Ethnic Food Tasting was the event you should not have missed! It will be talked about for months to come.



The neighbors experienced and tasted African Soul Food of the South, Classic French Cuisine, Secrets of German Cuisine, Traditional Food of Ireland and Authentic Italian Cuisine. The food tables were decorated with the traditions and adornments of each country. The Captains and team members dressed accordingly. There was food and more food, and the evening was enjoyed by all!



Thank you Captains and team members for a delicious meal. A very special thank you to our resident music talent, Doug Miller, for providing great dance music. Lastly, a heartfelt thank you to the residents who came out to support the event.

---Lucille Smith

## For the Carnivores Among Us!

Have you ever looked at those 2" thick steaks at Costco with longing - but unsure about producing reliably medium-rare meat? Try 'Reverse Searing,' a perfectly logical technique that's catching on. You just need a thick steak, 1" or more (this works beautifully for roasts, too) and a good thermometer.



- Season the meat, insert the thermometer probe, and put it in an oven turned as low as possible. The GE Profile goes to 170°, and that's fine.

- Leave the meat alone until it reads about 120-125° for medium rare; this will take around an hour. Remove the steak from the oven immediately. [It will look totally unappetizing, but we're not finished yet.] No need for it to rest; it's done that already.

- Heat that old iron skillet or heavy pan to very, very hot; wipe it with a little oil. Sear the meat on both sides until it looks irresistible.

Medium rare—every time!

*C&J Probst*

## Speaking of Steaks...

### Texas Roadhouse Opens in Albemarle Square

Some Texas-style competition has come to town rivaling our Aussie neighbors at Outback. The Texas Roadhouse boasts hand-cut steaks, fall-off-the-bone ribs, made-from-scratch sides and fresh-baked bread. This chain eatery has been packed since it opened in late February. We got there at 4:30 on a Saturday and there was a 65-minute wait. By the time we were seated, the wait was up to 90 minutes. The good news is, you can call ahead: 434-973-4700, but even then, you may have a 30-40 minute wait on a Saturday night.

Ironically located next to the old Outback in Albemarle Square, the restaurant has something many seniors love-- "Early Dine" from 4:00 p.m. until 6:00 p.m. Monday through Thursday. For \$8.99 you can choose from one of 11 entrees, including steak, chicken, pork or salad dishes.

Have the grandkids with you? The restaurant features Kids & Ranger Meals for those 12 and under, with kid favorite selections of hot dogs, mac and cheese, cheeseburgers, chicken tenders and more.

For starters, the Cactus Blossom rivals Outback's Bloomin' Onion, but there are some original items on the list as well, including fried pickles and rattlesnake bites. There are six different salads to choose from; seven different chicken dinners; and even three seafood selections under "Dockside Favorites." Steak lovers will revel in the selection of sirloin, rib eye, filet, strip steaks and more. For rib fans there are full and half slab offerings and for those with huge appetites, there's the Texas Size Combos. Most meals come with the selection of 2 of the 12 side dishes available.

Hours are 4-10pm Monday through Thursday; 11:30am-11pm Friday and Saturday; and Sunday from 11:30am-10pm.

---Joanne Lattiak

## Service Provider List Changes

Looking for a dentist or doctor? How about a recommendation for a plumber or electrician? Or maybe you're in the market for an accountant or a lawyer?

As a service to our community, the Communications Committee has compiled a list of service providers that have been recommended by at least one other fellow resident. This specification was done in order to assure you that each service provider on the list did a good job for the person referring him or her. That, in turn, should give you the confidence to call them about your needs.



While we offer this as a service, we as an HOA do not endorse any of the providers. You can see the full list on the Residents Only portion of our website: [www.our4seasons.org](http://www.our4seasons.org).

In order to keep the list up-to-date, we ask that if you sent in a recommendation that either you no longer support, or who has moved away, please let us know so we can make that change to the list.

Similarly, if you have used a service provider and were wowed by their performance, by all means, share it with the rest of the community. You can do so by sending your recommendation to [donbrady900@comcast.net](mailto:donbrady900@comcast.net).

## Vibe Weber Joins Nominating and Election Committee



Nominating and Election Committee chairperson, Nancy Preston, has announced the addition of Vibe Weber to that committee.

The Nominating and Election Committee's primary purpose is to assist in the nominating process for the election of new members of the Board of Directors and to facilitate any ballot question that the Board deems to be an important proposition to be voted on by the members.

Vibe shared her reasons for joining this Committee.

"After serving three plus years on the Grounds Committee and seeing the vast improvements made during that period, it gave great satisfaction to see and be a part of positive change in our community," she said. "After taking more than a year off I realized I wanted to again be part of an important committee. Nominating Committee seemed to be the right place to be active in the selection of future members and the nomination/election procedure for BOD members."

If you're interested in serving on a Committee, there are several openings to choose from, including two openings on the Communications Committee; two on the Covenants Committee; and one on the Social Committee.

You can download an application from [www.our4seasons.org](http://www.our4seasons.org) or pick one up at the front desk.

## Generation Gap

by Joanne Lattiak

When people think of living in a 55+ community, they may assume that all residents there are from the same generation. This isn't true. In actuality, Four Seasons consists of folks representing three distinct generations, with Generation X—the fourth distinct generation, coming of age to move here in only four years!

Wikipedia defines “generation gap” as: “a difference of opinions between one generation and another regarding beliefs, politics, or values.” Having folks from three generations means that culturally, we have some differences. I thought it would be interesting to look at those, as we engage in another step in learning to appreciate and celebrate our differences.

According to a recent article in *AARP Magazine*, the **Greatest Generation** is the smallest group, with folks ages 89 and older. There are three million members of this group alive in the United States today. This group is often lumped in with the “Silent Generation.”

Newsman Tom Brokaw wrote about this generation in 1998 in which he identified The Greatest Generation as being the one that suffered and persevered through America's Great Depression and then went on to fight World War II.

In an article from [www.allprodad.com](http://www.allprodad.com), it was stated that—“The common theme for those among the greatest generation seems to be self-sacrifice. Family working together in unison as a team, and marriages bounded by deep commitment, without the shallowness and narcissism so easily found today.”

The article went on to say that despite our progress, we are losing a great deal of those core values that made this particular American generation worthy of greatness. The top five are: Personal Responsibility; Humble Natures; Work Ethic; Prudent Saving; and Faithful Commitment.

The next generation is comprised of individuals ages 71-88. They are known as the “**Silent Generation**” and make up 26.2 million people.

According to [www.vertexsolutionsgrp.com](http://www.vertexsolutionsgrp.com), the term “Silent Generation” was coined by *Time* magazine in a cover story in 1951. “This generation was described at the time as having characteristics such as being grave, fatalistic, conventional, expecting disappointment, but desiring faith. The silent generation was caught between the “get it done” mindset of the previous “Greatest Generation” and the out-to-change the world mindset of the Baby Boomers.”

The article went on to say that those born in this generation were typically too young to remember World War I, for the most part missed the Korean War, and were too old for the Vietnam War. Despite the lack of participation in these wars, the Silent Generation had “super heroes” for role models. These included Franklin Roosevelt and Harry Truman, along with war heroes such as Generals Eisenhower and Patton. “From these role models, the Silent Generation typically responded favorably to experience and accomplishments of others.”

The article added that: “Unlike most of the generations that have followed them, the Silent Generation is made up primarily of conformers. They value discipline and have a respect for authority. . . . This generation sees itself as a vital and active group of people with a continued zest for life and a desire to contribute to society in general, and their workplace specifically. As more and more of the Silent Generation retire, they continue to be a factor in their communities with an exceptionally high rate of participation as volunteers.

“The Silent Generation values hard work and the notion of sacrifice and work coming before fun. This generation values following rules and has that expectation of those with whom they work, as well as those they respect in the community. The Silent Generation is used to and values a directive and authoritative management style.

*Continued next page*

*Generation Gap, continued*

“The communication style of the Silent Generation tends to be formal, focused on the idea of properly putting information into a well crafted memo, rather than the “off the cuff” communication style of e-mails and text messages. Silent Generation members tend to have a learning style that is focused on the classic classroom based instruction, with learning provided in a linear format with clear feedback. Those from the Silent Generation will most likely be less inclined to multi-task like the generations that came after. ”

According to Wikipedia, “**Baby Boomers** are the demographic group born during the post-World War II baby boom, approximately between the years 1946 and 1964 (or 76 million children). This includes people who are between 53 and 71 years old in 2017, according to the U.S. Census Bureau.”

Wikipedia goes on to report that, “As a group, baby boomers were the wealthiest, most active, and most physically fit generation up to the era in which they arrived, and were amongst the first to grow up genuinely expecting the world to improve with time. They were also the generation that received peak levels of income; they could therefore reap the benefits of abundant levels of food, apparel, retirement programs, and sometimes even “midlife crisis” products. The increased consumerism for this generation has been regularly criticized as excessive.

“Baby boomers control over 80% of personal financial assets and more than half of all consumer spending. They buy 77% of all prescription drugs, 61% of over-the-counter drugs, and 80% of all leisure travel.”

An article posted by [www.valueoption.com](http://www.valueoption.com) stated that: “Though the Boomer Generation saw increasing social and economic equality, they also came of age in a period when the country was frequently torn by differing views on politics, war and social justice. The Baby Boomer Generation witnessed and participated in some of the greatest social changes in the

country’s history during the 1960s and 1970s with the Civil Rights Movement and the Women’s Movement. This generation experienced dramatic shifts in educational, economic and social opportunities.”

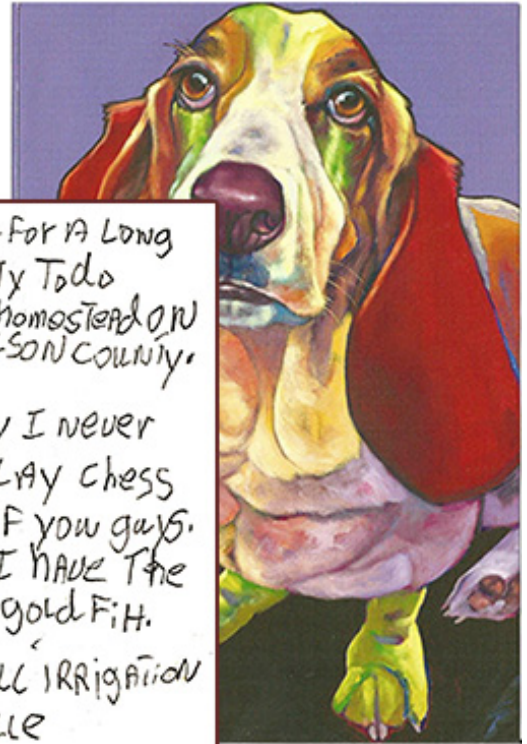
Wikipedia adds that: “The early and mid-boomers were coming of age at the same time across the world, so that they experienced events like Beatlemania and Woodstock, organizing against the Vietnam War, or fighting and dying in the same war. Politically, early Boomers in the United States tend to be Democrats, while later boomers tend to be Republicans.”

“Many Boomers are planning to remain in the workforce beyond age 65 for various reasons, if for nothing more than a consistent income and a sense of identity,” stated an article in [www.valueoptions.com](http://www.valueoptions.com). “For a generation that defined sense of self by what one did for a living, addressing the social-emotional issues of retirement are as critically important as the financial issues of retirement. With advancements in medical technologies and overall improved health, Boomers have the opportunity to retire into leisure pursuits or another career.”

The article goes on to state: “Many Boomers are faced with the challenge of raising their children and at the same time caring for their aging parents. Not only are families choosing to have children later in life than previous generations, but medical advancements in some areas have expanded the life expectancy of aging parents. Some Boomers are the primary caretakers for their children, grandchildren and/or aging parents. This balancing act presents a myriad of stressors, challenges and dilemmas for many Boomers.”

A *New York Times* article said the difference between Americans is more one of young versus old. “Draw it at the age of 65, 50 or 40. Wherever the line is, the people on either side of it end up looking very different, both economically and politically. The generation gap may not be a pop culture staple, as it was in the 1960s, but it is probably wider than it has been at any time since then.”





DEAR 4 SEASON RESIDENTS,  
JUST WANTED TO DROP  
A LETTER TO THANK YOU FOR ALL  
THE CARDS, BEST WISHES AND  
PRAYERS.

IT'S BEEN A PLEASURE TO  
SERVICE YOU GUYS OVER THE  
YEARS, YOU ARE GREAT PEOPLE  
AND PICK UP SOME OF YOUR  
KNOWLEDGE OF GARDENING  
AND LIFE EXPERIENCE.

ALL IS GOING AS WELL AS  
EXPECTED HERE, NOT GOING  
TO GO INTO DETAILS, BUT LOOKS  
MORE AND MORE LIKELY I WON'T  
BE ABLE TO DRIVE AGAIN SO  
PRETTY MUCH NO WORK.  
WELL ANYWAY I PLAN ON

BEING AROUND FOR A LONG  
TIME MORE, PLENTY TO DO  
AROUND THE OLD HOMESTEAD ON  
THE HILL IN NELSON COUNTY.

P.S. SORRY I NEVER  
DID GET TO PLAY CHESS  
WITH SOME OF YOU GUYS.  
TO LATE NOW I HAVE THE  
MEMORY OF A GOLD FISH.

FOOTHILL IRRIGATION  
BERT & MICHELLE  
COTRELL

## Variety Show Set for April 20!

You don't want to miss participating in the upcoming "Big Event" sponsored by the SAG Committee. The team has started beating the bushes and shaking the branches for interested parties in our community. They're on the lookout for what they are sure are heaps of ripe and unseen 'talent' hiding among us! They're looking for big talent, small talent, and not-at-all talent. You can plan a serious act or a humorous one; perform individually, with a friend or with a group of friends. It's all about letting our hair down, having fun and enjoying each other's company. If you're interested in participating contact Hazel Skyes, 985-2995, or Lucille Smith, 985-3395.

**The Mountain Breeze  
at Four Seasons Charlottesville**

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by the*

**Communications Committee**

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Joanne Lattiak, *newsletter editor*

Jill Probst,

Arnie Silverman, and Dianne Wilson

**Next issue deadline: May 1**

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**PHONE NUMBERS TO REMEMBER!**

**Club House:**

434-990-2012

**Emergency: 911**

**Greene County Sheriff's Office:**

434-985-2222

**Identity Theft Hotline**

877-438-4338

**National Do Not Call Registry**

888-382-1222

**Better Business Bureau of Central Virginia**

804-648-0016

## Spring Events Close to Home

### **James Madison's Birthday Celebration at Montpelier. March 16. 9am-5pm.**

Commemorate the 266th birthday of James Madison: America's fourth president, Father of the Constitution, and Architect of the Bill of Rights, with the United States Marine Corps Band and Color Guard during this annual wreath-laying ceremony at the Madison Family Cemetery at Montpelier. The ceremony begins at 1:30 p.m. After the ceremony, Mr. Madison will accept birthday wishes at the mansion. Tours will be offered every 30 minutes between 10 a.m. and 4 p.m. A special in-depth tour highlighting Madison's role as Father of the Constitution will be at 11am and 3pm.

### **2017 Virginia Festival of the Book**

The twenty-third annual Virginia Festival of the Book takes place in Charlottesville and Albemarle County, Virginia, March 22-26, 2017! This event brings readers and writers together for a five-day celebration of books, reading, literacy, and literary culture. For additional information, please visit [www.VaBook.org](http://www.VaBook.org)

### **8<sup>th</sup> Annual Greene County Arts Festival Saturday, March 25; 10am-4pm**

Greene County Arts Festival is focused on promoting the Arts of our Greene County students and local artisans. Selected artwork from all county schools will be on display, music and drama performances will be showcased and refreshments from our culinary arts students will be available for purchase. Local arts as well as craft & food vendors will be there. Plan on spending your day enjoying art in Greene County.