

The Mountain Breeze

Four Seasons at Charlottesville

Community Newsletter

Thank you, Terry!

A big thank you to our outgoing newsletter editor, Terry Pratt. For the last two years he has worked diligently to make our community newsletter an uplifting representation of the spirit of Four Seasons.

Speaking on behalf of everyone, I want to say thank you, Terry, for a job well done! I sure do have my work cut out for me!

Reminder About Outdoor Projects or Additions

Now that spring has finally arrived, the Covenants and Modifications Committees would like to remind residents to review the Covenants and Design Guidelines before undertaking any outdoor projects or additions. All residents should have copies of these documents but they can also be found on the MSC website which can be accessed through our Four Seasons website.



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New Writer's Group!

If you were at the Variety Show and heard the poems that some of our residents wrote (a few of which are in this issue), then you know we have some really talented writers living in our midst. But as any writer will tell you, writing is a very solitary aspiration—whether you do it as a career or just for yourself. Having fellow writers around to offer friendship, encouragement and support, can mean all the difference in the world in getting beyond writer's block or gaining the confidence to submit a piece for publication.

So here's a call to all Four Seasons writers—novice to published pro. With your support, Chris Sauter would like to resurrect the Writer's Group. Your newsletter editor, Joanne Lattiak, has agreed to be a part of this group, offering her experience in writing, editing, publishing, and marketing.

All Four Seasons writers, no matter what your genre, are welcome to be a part of the newly revised, as yet unnamed, Writer's Group. If you're interested, please contact Chris at 990-5790.

Ryans Need A Dog Sitter



We are looking for a dog sitter for our 9 year old Cavalier King Charles Spaniel. His name is Gus. We'd like to pay someone to stay at our house when we go away, or minimally have you drop in several times a day to take him for a walk and feed him.

If anyone is interested, please call Jack or Cory Ryan at [434 260-6708](tel:4342606708). We have vacation plans in July and August as well as some quick trips here and there. Thanks!



Please remember the posted speed limit here in Four Seasons is 25 mph. Be mindful of that

as you drive through our community and make sure your guests are aware of that as well. Thank you!

Add Your Name to Service Directory!

By now you've seen the new Service Directory containing the names of contractors used and recommended by your neighbors. Now it's time to add YOUR name to the roster! Do you have a service that you'd like to add to the Directory? Perhaps you are a seamstress or a notary. Maybe you know a thing or two about electrical work or plumbing. Or maybe you're good at organizing or gardening. So, if you offer a service, please send information to Terry Pratt (twpratt@aol.com) and it will be included in the next revision.

Christ Episcopal Church Hosts Noontime Concerts

Christ Episcopal Church in Charlottesville is hosting the 26th Annual Bach's Lunches on Thursdays in May and June from noon to 12:30pm. Concertgoers are invited to bring their own lunch, or they may purchase a box lunch at the door. Our own Shelby Martin and the Skyline Harmony Chorus will be featured on June 11.

Welcome Jack and Cory Ryan

Jack and Cory Ryan are the newest residents of Four Seasons. The Ryans lived in Richmond for 38 years before heading out our way.

"We wanted to downsize from our colonial house where we raised our two sons, but Jack wasn't interested in moving anywhere else in Richmond," Cory explained. "He said he wanted to see some mountains. And since our son and his wife and two children live in

Charlottesville, we decided to look out this way. We saw our Four Seasons house on the Internet and drove out to see it. It was just almost exactly what we wanted...less square feet, one floor, 2 car garage, and low maintenance!! It didn't take us long to put our Richmond house on the market and start packing!"

Cory said so far she and Jack have no regrets and are really enjoying their house and all the activities and amenities at the clubhouse!



"We are looking forward to meeting more members of the community and enjoying many years here."

---Cory Ryan

Take Us Out to the Ball Game!



April 22 turned out to be the perfect night to be out at the ballpark and our suite at Davenport Field was ideal. We dined on hot dogs, chicken tenders, chicken wings, potato salad and chocolate chip cookies and enjoyed an endless supply of beverages. Thanks to Vince for organizing this fun night at UVa where our hometown team won, 5-2!



Date: May 23, 2015 (rain date, May 30, 2015)

Where: At the rummage sale space at the corner of Route 33 & Route 29

Time: 8:00 am until ??????

The Landscaping & Grounds Committee is going to hold a Rummage Sale as fund raiser.. The committee has 5 tables reserved at the site.

Get ready, get set, GO!

It is time to do some spring cleaning and donate those extra items to the L & G committee!

Items must be of good quality. No big furniture. No clothing. Items should be “prepriced” before dropping off for the committee. Committee members retain the right to “reprice” any item in order to help it sell.

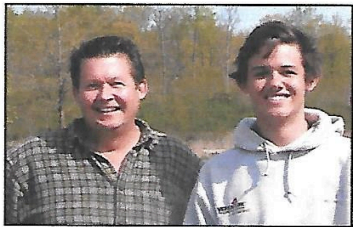
NOTHING WILL BE RETURNED. Any leftover items will be donated to Goodwill.

NO RECEIPTS will be given for any specific items donated to Goodwill.

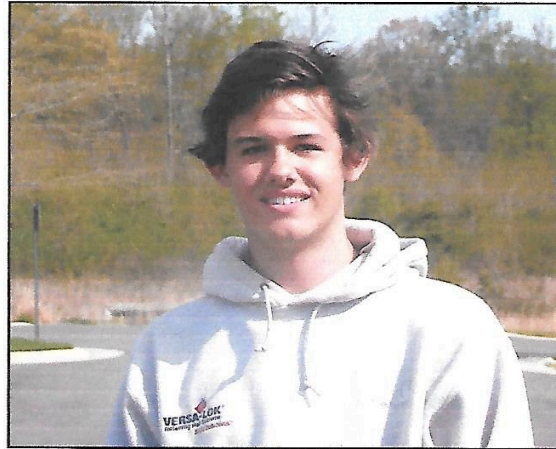
Items can be dropped off on Friday afternoon, May 22 between the hours of 2:00—5:00 pm on the corner parking lot of the club house or items can be brought up to the sale site on Saturday morning and dropped off.

IF you would like to volunteer to help out with the sales, please contact Vibe Weber (985-4110) or Dianne Wilson (985-0285).

Landscaping & Grounds



Richard & Sawyer Wernig



Sawyer Wernig

The Landscaping & Grounds Committee would like to introduce Sawyer Wernig. Also pictured is Sawyer and his father, Richard Wernig, owner of Sunny Pond Nurseries located just north of Four Seasons in Rochelle, VA (close to Madison).

Sawyer is going to be doing some general gardening work for the L & G Committee starting in May throughout the summer months until October. He will be here twice a month for 4 hours each visit. The committee will have projects lined up for Sawyer as well as his responsibilities of keeping flower beds weeded and dead debris picked up.

If you see Sawyer throughout the neighborhood, stop and say hello but please don't ask him to do any projects for individuals.

Reminder to all residents

Anyone who wishes to plant anything in either pocket parks or common areas MUST get prior approval from the Landscaping & Grounds Committee. Any items planted without approval from the Landscaping & Grounds Committee could be removed at the discretion of the committee members if it is decided the plantings do not go along with other plantings in that area or they do not enhance the surrounding area.

Cavanaughs Enjoy Cuisine at Prospect Hill Plantation Inn

Marty and Lyn Cavanaugh recently attended a 50th Wedding Anniversary Luncheon for their dear friends from Charlottesville.



The luncheon took place at the Prospect Hill Plantation Inn restaurant near Zion Crossroads, an authentic 1732 plantation complex with all original buildings renovated into twelve romantic lodgings including the manor house, 1699 Boy's Cabin, 1720 Overseer's Cottage, 1796 slave quarters, and 1850 Carriage House, all on fifty acres of manicured grounds and gardens, with outdoor swimming pool.

"What I really want to emphasize is the outstanding lunch that was served for this momentous occasion," Marty said. The Cavanaugh's enjoyed:

PASSED HORS D'OEUVRES

Shrimp Canape

Red grapes rolled in Gorgonzola cheese

Layered Brie with Guava Paste Salami cones stuffed with sun-dried tomatoes, cream cheese & capers

SALAD

Organic baby greens with roasted vegetables, blue cheese crumbles and cranberry dressing.

ENTRÉE

Vegetarian - Fresh tomato stuffed with couscous and sautéed vegetables served with a seaweed salad in a lemon butter & caper sauce.

Chateau Briand - Angus beef filet, pan seared and roasted with a Shitake mushroom sauce.

SWEET

Whipped Chocolate Ganache and chocolate cake, served in a wafer cookie cup (w/spoon attached).

WINE

Barboursville Cabernet Sauvignon

Barboursville Pinot Grigio

"I must say the Chateau Briand meal was a meal I will never forget," said Marty.

"Exquisite! Outstanding! Highly recommend the Plantation Inn restaurant for all your dining pleasures."

Prospect Hill Plantation Inn is located at 2887 Poindexter Road in Louisa. For reservations, call 1-800-277-0844 or visit www.prospecthill.com.

"And I didn't get a dime for any of this!" Marty exclaimed.

Variety Show a Big Success!!

To the community-- We thank all of you for attending our very first Variety Show. Our hope is for more of you to join us as performers the next time. You'll have a BLAST!!!

To the production staff – I am so thankful that having a Variety Show was not a rotten idea. I would have hated to see it pitched in the nearest garbage! The wonderful Production Team: Lucille Smith, Doug Miller, Terry Pratt, Joe Tucker, John Norman, George Brown, Larry Baker, Alice Wallwork, and myself, Hazel Sykes, helped to save it with our thoughtful planning and care. The performers certainly made the idea GLOW!!! Thanks to all of you for making the show a success.

--Hazel Sykes



Apples and Ideas

Ideas in a person's mind
Are like apples on a tree.
Both the mind and the tree
Can be as full as can be.

Some apples and ideas grow
fast
While others grow slow.
Thoughtful planning and care
Help the good ones glow!

Both are very plentiful
So they usually come free.
But the uniquely different
ones
Might demand a small fee.

Some apples are rotten
And many ideas are too.
Choosing either one carefully
Is the wise thing to do.

So when making your choice
Keep only the best.
And in the nearest garbage
Pitch all the rest!

Written by Hazel L. Sykes

Spring Snow

Snow fell last night.
 The early morning light revealed a
 strange and wonderful sight.
 The fruit trees with their
 bright pink and white blossoms,
 the pale green new leaves budding
 out,
 have a cold companion
 in the little tufts of snow.

Bent over from the weight,
 the bows spring back as the sunlight
 warms them.
 The snow is dripping off
 and the trees seem renewed.

Crazy weather, Crazy spring, Crazy
 lives.

The unexpected happens,
 all around us.
 The trees are still fresh, even more so
 now,
 Why should we feel less fresh and
 renewed after such an incident in our
 lives?

This same apple tree which looks so
 healthy
 and vital now with the snow melting
 off of it,
 Was just last fall choking itself
 and my yard with its own dead wood.

Its growth was all external,
 for inside were dead branches,
 twisted, gnarled stems, seeking the
 sun.
 I trimmed and pruned to clean it
 up,
 and let the light reach inside
 so it could thrive, not just survive.



I have waited all winter
 to see how it would do this spring.
 Now, its blossoms have never been
 more beautiful,
 its shape more pleasing,
 And the tree is stronger,
 richer, and more vital.

The snow has not hurt my tree,
 but bathed it with freshness and
 a mantle of white.
 I am delighted to have helped it
 become so lovely.

--Timothy Sizer

THE VOYAGE

"A ship in the harbor is safe...
But that is not what ships were
designed for."

For so long now, I have sought shelter
in the harbor.

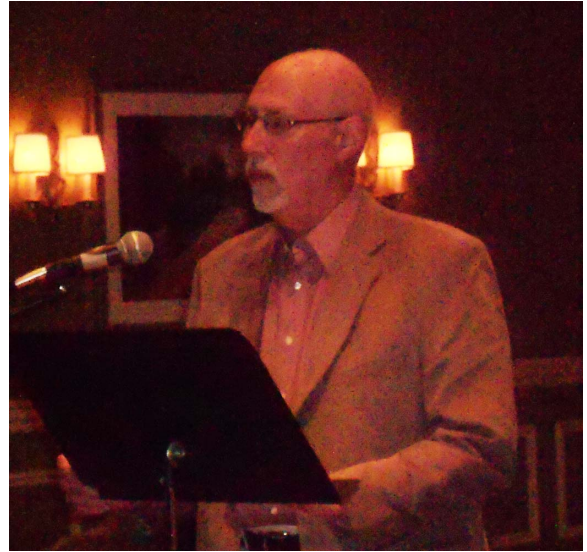
I did not want to venture out to sea.
My rudder was damaged and
I had no one to hold the tiller.
I could not read the stars nor plot a
heading.

Only recently, have I begun to long
again for the sea,
For adventure and the
Feeling that comes from
Wind in my sails.

So, I have worked to fix myself, my
ship,
Set my rudder straight and true,
Learned to read the stars and obtain the
necessary bearings
For a true heading.

Now, I can dare to put my own hand
back on the tiller,
But sailing alone is not what I want.

I want a shipmate who can accompany
me on the
Voyage of life that is before me.
I can take the risks that come from
setting out to sea
When I have someone else's hand to
join mine.



The destination is not as
important as the
Voyage itself.
It does not matter where the
journey takes us,
As long as we go there together

---Timothy Sizer



Top 10 Reasons for Living at Four Seasons

By George Brown

10. We don't have to mow our own lawns and we only have to shovel snow when it actually snows!
 9. We frequent the local Italian Restaurant so often, we have a pizza named after us – the Four Seasons!
 8. We are a gated community – but in fact, our gates are always open and we'll always leave the light on in the Gate House for you!
 7. We never have to stop for the guard at the Gate House.
 6. As promised, Phase I residents have not been inconvenienced by Phase II construction!
 5. Some communities celebrate Thirsty-Thursdays. At Four Seasons, we celebrate Thirsty-Thursday, Thirsty Wednesday, Thirsty-Tuesdays, and oh, by the way, Happy Hour on Mondays!
 4. We'll soon be able to walk to our local Tractor Supply Store!
 3. As many of you know, when our Four Seasons community was first advertised it was soon to construct an outdoor pool and tennis courts for residents. And now, some 7 years later, we do have horseshoe pits!
 2. We are finally old enough to drink alcohol at the Club House!
- And the Number 1 reason for living at Four Seasons.....
1. We all came here from different places and backgrounds, often leaving close friends and familiar places. We were welcomed by friendly, creative and caring neighbors that are often more like family than just friends. I believe we're having a real good time and always looking out for each other.

Happy Birthday Jeanne!

A few residents gathered for an "impromptu" celebration of Jeanne's birthday. Although it's over, our wishes for a happy year go to Jeanne!



Caring Hands Team Lends Support to Residents in Need

When I first considered a move to Four Seasons, the one thing I consistently heard about this community was that people here looked out for one another. That was such a comforting thing to know, especially in a time when so many people experience isolation in their communities. Thanks to the Caring Hands team, that isn't the case in Four Seasons.

Caring Hands is a group of volunteers whose mission is to help our neighbors – on a temporary basis – when they are ill or alone or in personal need. The team helps to provide transportation (with 48 hours notice); run errands such as pick up groceries; pet care – walking your dog and checking in on them; provide a meal when needed; and visit folks who are housebound. What they cannot do is provide home nursing care; dispense medications; house cleaning services; or meals on a regular basis.

Chris Sauter, who is its current chairperson, formed this caring group. When she moved here several years ago, Chris began looking for volunteer opportunities. While there were quite a few to choose from, she had something else in mind. She realized there wasn't anything in place to help neighbors as they grew older and were faced with issues that went along with aging. After all, she reflected, "None of us are getting any younger." She put the word out and, "I got a huge response." Today the Caring Hands team consists of over a dozen men and women (see list at end of this article).

In addition to the services listed, the team sends get well cards to people in the hospital or recuperating and keeps a list of outside agencies who can take over the responsibilities that Caring Hands cannot do. That list is contained in the Caring Hands folder at the front desk in the clubhouse.

Caring Hands has a number of adaptive devices that are available on a loan basis. These include: walkers, commode, toilet seat bars; transfer bench shower chair; accessory for hair washing; 911 First Alert with spare battery; 3 transfer belts; 2 sliding boards; raised toilet seat with hand supports and two wheelchairs.

Speaking on behalf of the group, Chris reflected on why people sign up for this particular team. "They feel good about helping their neighbors," she said. "I think the fact that we have a team in place means people can call someone on the team rather than solely relying on their friends. This is a small community and people have always helped each other. As needs became greater, we have agencies that can come in. We are lucky we are in the Charlottesville area and that we have these good services."

If you know of someone in need here in Four Seasons or wish to become a volunteer, you can call or email Chris (990-5790) or co-coordinator, Marilyn Kiehn (985-7209).

A full list of Caring Hands team members and the services they offer is listed on the next page!

---Joanne Lattiak

Caring Hands Team Members

Sue Campbell (985-8979)

Transport, pet care, companionship

Anne Childs (985-3102)

Transport, meals, companionship

Nancy Clark (985-3261)

Transport, meals, errands, companionship

Rosemary Dean (985-6885)

Transport, meals, errands, companionship

Diane Denton (985-4768)

Transport, errands (weekends),
companionship

Sylvia DiPuma (985-1568)

Companionship

Diane Horvath (919-280-1295)

Transport, meals, errands, companionship

Marilyn Kiehn (985-7209)

Transport, companionship

Keith & Kathy Livingston (985-8331)

Transport, meals

Doug Miller (985-1200)

Transport, tech assistance

Joe & Vera Reece (990-1977)

Transport, errands, companionship

Theresa Weissman (985-3220)

Transport, errands

A big thank you to these selfless souls for their time and generosity in making Four Seasons such a special place to live.

JABA Turns 40 in May

Throughout the month of May – declared by Virginia Governor Terry McAuliffe as Older Virginians Month – JABA (the Jefferson Area Board for Aging) will be celebrating its 40th Anniversary. JABA has been around since 1975, and has grown into one of the nation's best, most innovative area agencies on aging. Events will be happening all over central Virginia. The one closest to Four Seasons will be held on May 13, 10:00 a.m. to 1:00 p.m. at the Greene County Community Senior Center, 222 Main Street, Suite 101, in Stanardsville.

Entitled, "Let's GROOVE in GREENE TOGETHER," what better way to celebrate JABA's theme for May, "The Best is Yet to Come" than to DANCE! And what is dancing without a party. JABA's Greene County Community Senior Center will host a party at their center which will include a choreographed dance to the song, "The Best is Yet to Come," in partnership with students from Greene County Technical School. And this is no ordinary dance; moves will be from the Healthy Steps Senior exercise program that JABA plans to offer at a few of its centers this coming year.

So come have some fun and get down with the "Groovers from Greene."

You won't want to miss it!

Dates to Remember!



May 16



May 25



Classified Ads

FOR SALE:

Turbo Max Golf Clubs and Bag. Excellent condition. Will include 30 golf balls plus water container. Also have Walter Hagen golf shoes - Excellent Condition.

If interested, call Marty at 985-1104

PHONE NUMBERS TO REMEMBER!

Club House
434-990-2012

Emergency
911

Greene County Sheriff's Office:
434-985-2222

Identity Theft Hotline
877-438-4338

National Do Not Call Registry
888-382-1222

Better Business Bureau of Central Virginia
804-648-0016

The Mountain Breeze
at Four Seasons Charlottesville
Published bimonthly for the
Four Seasons Charlottesville Community
by the
Communications Committee
Don Brady, *chairman*
Joanne Lattiak, *newsletter editor*
Larry Miller, Terry Pratt, Vera Reece
Arnie Silverman, and Dianne Wilson

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