

Guide to Four Seasons Activities and Activity Groups

Updated January 2018

This is your handy guide to all the activities, events and interest groups at Four Seasons that you might see listed on the Four Seasons Monthly Calendar.

This guide highlights them and gives you the contact point for more information. Also listed are informal activities done on an individual basis. Of course, new activities are always coming up, and the current list changes. To keep current, check out the latest version of this guide, on the community website at www.our4seasons.org. Also, check the latest dates and times of the activities which are available in the Monthly Calendar on www.our4seasons.org

Glance through the list and see if there is something that interests you; then come and try it out. The special interest groups are very active and diverse. You can get involved, or you may know someone who would like something new to do. Sometimes there are two things scheduled at the same time and you have to make a choice. C'est la vie, that's retirement!

For additional information about any of the activities, please contact the individual contact person for that activity

Let the Games Begin

Games are a favorite with many of our Four Seasons residents. Check out the variety of groups that get together to play games every week!

ADDICTED TO MAH-WHAT?

Mah-jongg is a game played with tiles and dice and so much fun. It's even a little addicting; no we mean a lot addicting! We play it twice a week, on Tuesday and Thursday. This website has information on the game in case you haven't played it before: www.nationalmahjongleague.org. For more information,

Contact **Sandi Lashbrook at 434-985-8512**

GOT TO KNOW WHEN TO HOLD 'EM

There is **poker**, usually on the 2nd and 4th Thursdays every month, where we hear that if you have matchsticks, you are welcome. For more information,

Contact **Larry Baker at 434-207-4854**

YOUR TICKET TO THE MEXICAN TRAIN

Mexican Train is a game you play with dominos. But these aren't your granddaddy's dominos! Fun and challenging! Come on Wednesday evenings and see if you can beat the current champion. For more information,

Contact **Alice Graseswicz at 434-985-4199**

TAKE OUT A CONTRACT

A social **Bridge** game is played Thursday afternoons. If there is interest in learning bridge or there are previous players who are a little "rusty", there are teachers available for a beginners table.

Contact **Barbara Pavelle at 434-985-7108.**

PYKNIC – IS THAT REALLY A WORD?

Would you challenge your opponent to find out? Beginner or pro, it's anybody's luck at the draw of the tiles in **Scrabble**. It's all in good fun.

Contact **Barbara Welch 434-481-3341**

SHOOT POOL, OR IS IT BILLIARDS?

The **pool** tables in the clubhouse are always available, so bring a friend and take an open table. The regular sessions are on Tuesday afternoons and Friday mornings after the Gent's Coffee. We have a yearly tournament if you are interested in getting competitive. If you have never played before or you would like to review your basics we have a teacher who would be happy to give some lessons.

Contact **Rich Pietrzak at 434-985-8809.**

PAWN TAKES ROOK

Serious chess player or want to learn to play? Contact **John Monaghan at 434-985-7637** or

Contact **Rich Pietrzak at 434-985-8809**

GET CRAFTY

The Crafts group is open to anyone who likes to work with their hands. We do needlework, woodworking, jewelry making, cooking/baking crafts (like cake decorating or cooking a unique item), basket weaving, scrap booking, garden art. It is open-ended and any craft project is a good to share. For day and time and more information,

Contact **Cory Ryan at 434-360-6708**

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COMPUTERS USERS GROUP

What is a mouse? What is a PDF/JPEG? How do I copy a file? How do I send an email to more than one person? This group is for the beginner to the more accomplished computer user. They meet to share ideas on the second Tuesday of the month at 10:00 am.

Contact **Don Brady at 703-927-1426**

Good Reads and Good Flicks

READ IT, THEN (SOMETIMES) WATCH IT

If you like to read but never know what to read, check out our **Book Club**, which meets monthly, usually on the 4th Monday. We have interesting selections during the year and a lot of fun with the presentations. If there is a movie that can be obtained to go with a book it means an extra afternoon get-together.

Contact **CJ Besanson at 571-271-1700**

FUN AT THE MOVIE MATINEE

The second Monday afternoon every month brings the wonderful **Monday Matinee** in the Clubhouse card room. Popcorn available.

Contact **Art and Sandy Cohen 434-985-8977**

CREATIVE WRITERS GROUP

Are you a writer or a "wannabe"? The writer's group meets the first and third Monday at 10:00 am. Their purpose is to encourage each writer to work hard and learn as much as they can. Everyone is invited. If you are interested,

Contact **Chris Sauter at 434-990-5790**

Getting Out

HIKERS UNITE

Want to get out, stretch your legs, and see some beautiful scenery? The **Hiking Group** meets at the Clubhouse every Wednesday morning for a trip to one of the great local trails. Not too long or strenuous, just fun and lots of fresh air. For information about what hikes are coming up and their difficulty level.

Contact **Joe Brennan at 434-990-9913**

INTO THE POOL, THEN THE SPA

Come to the pool Tuesday or Friday mornings for water **aerobics**. We stretch and swim to music and then relax in the spa. For more information,

Contact **Cory Ryan at 434-360-6708**

Helping Others - CARING HANDS

Our **Caring Hands** group provides assistance with household chores, transportation, and companionship in times of need. If you would like to help out or want more information,

Contact **Chris Sauter at 434-990-5790**

Strictly Social

Some events are planned primarily as good places to get to know other folks in the community.

GENTLEMEN'S COFFEE

Every Friday morning, the guys meet over coffee and donuts to swap stories and bad jokes. Sometimes there is even a full catered breakfast. Later some of us end up in the billiards room shooting pool

Contact **John Widomski at 434-939-9155**

LADIES LUNCH BUNCH

The 4th Friday of the month, the ladies usually have a special outing somewhere in the area for lunch. Sign-up is required. Keep an eye out for an email notice.

MEET & EAT

This community potluck dinner is held monthly on the first Thursday. No sign-up needed, just come with a dish to share. A different host each month. Email notices are sent as reminders.

Contact **Chris Sauter 434-990-5790**

THIRD THIRSTY THURSDAYS

Often the "biggest party in town" each month, sometimes with live music or dancing or both. Usually it includes a catered dinner in the Clubhouse ballroom. Sign up required. Just check for the email notice each month, because each party is different.

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HAPPY HOUR AT THE CLUBHOUSE

Join your neighbors for a pleasant hour of BYO drinks and snacks every Monday afternoons at 5 in the Clubhouse café. Good conversation guaranteed! No organization, just drop in and stay awhile.

LINE DANCING

Burn calories, keep your brain sharp, your feet loose and have fun. Every Tuesday afternoon in the yoga room. Beginners are welcome.

Contact **Ed or Hope Meehan at 434-985-8638**

IN THE CLUBHOUSE-ANY TIME, ANY DAY!

Be as impromptu as you like.

By yourself or with friends visiting, you can enjoy.....

- Sitting by the fireplace enjoying the piano,
- Reading a book in the library,
- Adding pieces to the community puzzle,
- Enjoying coffee in the café,
- Checking out books or CDs to take home,
- Soaking in our spa,
- Swimming laps,

Want to start a new group activity?

- Reserve time and date with the front desk.
- Have a community email sent out promoting your activity.
- Have fun!